

# EXERCISE • SOCIALIZE

# PICKLEBALL

# FOR PARKINSON'S

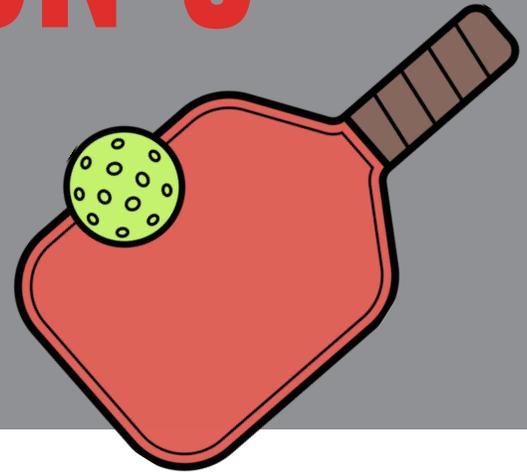


Yale  
NewHaven  
Health  
Greenwich  
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Hartford  
HealthCare

  
PICKLEBALL  
AMERICA

- Experience the power of movement and social connection
- Stay active while improving balance, coordination, and mobility
- Support overall wellness and quality of life for those living with Parkinson's



## OPEN HOUSE, PICKLEBALL AMERICA STAMFORD

**FREE ADMISSION. ALL SKILLS WELCOME. DONATIONS APPRECIATED.**

Join us for a welcoming Open House with free snacks and drinks, a live pickleball demonstration, and a brief discussion on how exercise and social connection can benefit those living with Parkinson's. Meet instructors, participants, and members of the Stamford community. Supervised informal play.

[Click here](#) or scan the QR code to RSVP for the event!



**SAT, FEBRUARY 28, 2026**  
1:00PM - 3:00PM



**PICKLEBALL AMERICA**

140 Atlantic Street, Stamford, CT 06901

*\*Accessible by multiple city bus lines.*

ORGANIZED BY:



**DAVIS PHINNEY**  
Foundation For Parkinson's  
*every victory counts*



STAY IN TOUCH AT: [PICKLEBALLAMERICA.US/](https://pickleballamerica.us/)

# PICKLEBALL FOR PARKINSON'S

## COMMUNITY IMPACT

- Adaptive Pickleball sessions designed for 20–30 participants per 6–8 week cycle.
- Certified pickleball instructors trained in Parkinson's Disease safety guidelines.
- Potential improvements in balance, coordination, and emotional well-being.
- Inclusive participation for caregivers and family members.

## LOCAL COLLABORATION

PB4PD proudly partners with the Davis Phinney Foundation, USA Pickleball, and PickleballAmerica to bring exercise and social wellness to the greater Stamford Parkinson's community. Together, we can strengthen community wellness and enhance quality of life for individuals facing Parkinson's disease.



## WE THANK OUR SPONSORS.

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PICKLEBALL  
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## HOW TO SUPPORT

- **Donate Online:** [Click here](#) or scan the QR code to donate online through the Davis Phinney Foundation. Include PB4PD in the memo line.
- **Donate By Mail:** Mail your check to this address:  
Davis Phinney Foundation  
PO Box 270948  
Louisville, CO 80027



### CONTACT:

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